

How Long Can You Stay?

- Maximum stay: Up to 30 months (2½ years)
- If you're in a hostel, the goal is to move you into Langley dispersed Shared Supported housing within 12 months so you don't feel stuck

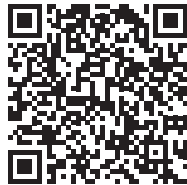
Key-Working and Reviews at Every Stage

Throughout your journey, you'll have regular key-work sessions to set SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound) and review progress. Where needed, multi-agency reviews will make sure everyone involved in your support is working together. You'll also complete self-assessments, giving you ownership and helping you reflect on how far you've come.

This story of life at Langley is one of growth and transformation. It begins with stabilisation, moves through skill building, prepares for independence, and culminates in the transition to a new home. Each step is designed to help people not only achieve independence but also thrive, with the right support, tools, and encouragement along the way.

**ASK YOUR KEY WORKER TO START
YOUR move-on PLAN TODAY.**

You can also scan the QR code to see more online

A photograph of a person from behind, silhouetted against a vibrant sunset sky with orange, yellow, and blue clouds. The person is wearing a dark jacket and is holding a black rolling suitcase. They are standing on a gravel path that leads into a field with some buildings in the distance.

MOVING ON

YOUR JOURNEY TO INDEPENDENCE

Life at Langley is a journey of growth. The time-scales shown are indicative and may vary depending on your individual needs. Here's what it may look like:

Phase 1: Finding Stability (Months 0–6)

When you first arrive, the focus is on creating safety and trust. You'll meet your key worker and build your support plan together. This is the time to settle in, register with a GP, and start any health or recovery support you need.

We'll gently introduce life skills like budgeting and cooking, and begin looking at ways to move forward positively. This stage is about calming the storm and laying strong foundations.

Phase 2: Building Skills & Routine (Months 6–12)

As you settle, we help you create structure and confidence. You'll start using weekly planners, learn how to manage tenancy responsibilities, and join workshops in cooking, budgeting, and digital skills.

Recovery programmes and volunteering or training opportunities open new doors. Over time, routines take root and life feels more predictable.

Phase 3: Preparing for Independence (Months 12–18)

Now the focus shifts to your next home and future plans. You'll show you can manage a tenancy with less support, keep up with education or work, and build positive social networks.

Together, we'll create a move-on plan, explore housing options, and strengthen budgeting skills. This stage is about proving to yourself that you're ready for the next step.

Phase 4: Moving On (Months 18–30)

Finally, it's time to move into your own place. We'll help secure suitable accommodation and put a support plan in place so you're not alone. You'll review your progress, set new goals, and complete an exit plan with crisis contacts.

Tools like "Finding Your Next Home" and other move-on guides will help you prepare for the practical steps of moving. Education, training, or recovery strategies continue, and progress is tracked using tools like the Outcomes Star. On your first day in your new home, you'll complete a workbook that celebrates your achievement and marks the start of a new chapter.

Your key worker will start talking about move-on plans from the very beginning of your stay. Planning early helps make sure you're ready when the time comes.

Why Planning Matters:

Moving on successfully takes preparation. We'll work with you to make sure your next step is realistic and positive.

How We Support You

- **Early planning:** We start discussing your next steps as soon as you arrive
- **Regular reviews:** Your move-on plan is checked during key-work sessions
- **Practical help:** We'll talk about suitable accommodation and how to apply
- **Financial support:** We'll help you look at grants and budgeting for your new home
- **Realistic goals:** We'll help you understand challenges and prepare for them together

Move-On Guides

We use two helpful guides during key-work sessions:

- **Planning Guide to Move On** - Helps you look at your income, spending, and what you'll need for your new home. It's all about budgeting and prioritising essentials
- **Finding Your Next Home** - Shows you how to choose the right property, what paperwork you'll need, and how to prepare for viewings

These guides make sure your plans are realistic and based on your actual needs, so you feel confident about moving on.

