

# APPLICANT PACK

## FITNESS ACTIVITIES LEADER





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# CEO WELCOME

As CEO of Langley Trust, I welcome you and thank you for your interest in working with us.

Langley is centred around the belief that everyone deserves another chance. We help people with convictions to transform their lives, promoting rehabilitation, preventing crime, and reducing re-offending.

We work with people of all faiths, and none, and believe that everyone is worthy of respect, no matter what their past looks like. Our work is challenging but so very rewarding for the right candidate and I invite you to look at the roles we have available.

They are varied and spread across the country, some with a requirement to be a practicing Christian, and many without. I am proud to say we are recognised within the Care, Justice and Housing sectors as an effective provider of services for vulnerable people who have convictions and who may have experienced failure with other placements.

I recognise that our staff and volunteers are the backbone of this organisation, helping clients on their transformation journey and providing care and support in keeping with Langley's values and Christian ethos. I am truly grateful for all that they contribute every day. I hope that this brief introduction to Langley and welcome from me inspires you to keep reading and find out more about working with us as we commit to seeing lives changed for the better.

Kind regards,

**Tracy Wild**  
CEO



# ABOUT LANGLEY

Langley Trust is a Christian charity providing supported housing, complex needs care through our registered care homes, programmes and support services in the community for people with convictions. For over 65 years we have been helping adult men and women (18+) with convictions to transform their lives and thrive, believing that **everyone deserves another chance**, and with the right support, is capable of change.

We are particularly skilled in working with people who are deemed 'hard to place' and those with complex needs. This includes individuals who are subject to MAPPA (Multi-Agency Public Protection Arrangements).

Across the UK, in 21 geographical urban and rural locations, we can accommodate up to 500 clients within our registered care homes, hostels, community-based houses, and an Independent Approved Premises (delivered on behalf of HM Prison and Probation Service), offering tailored support to meet individuals' needs.

During 2023/24 we worked with a total of 722 clients who needed supported housing. When we include complex care clients, and those who engaged with our other services such as finance, benefit and debt, and accommodation advice, the total number of clients who engaged with Langley rises to more than 1778 during that year.

## OUR VISION

is of a society where no-one is unfairly disadvantaged because of their past.

## OUR MISSION

is to support people with convictions so that they reintegrate into society, live crime-free and thrive.

## OUR VALUES

underpin the way everyone works at Langley

“

**I WAS MADE TO FEEL LIKE A PERSON BY LANGLEY AND THAT MADE ME BECOME A PERSON. IT'S NOT JUST ALL TALK, IT'S ACTUALLY REAL.**

Kevin  
Client



**LANGLEY TRUST VALUES**

**CHRIST-LIKE**

**RESPONSIBLE**

**GENUINE**

**RESPECTFUL**

**VISIONARY**

**BIBLE REFERENCES**

Philippians 2.5 • Hebrews 6.11 • 2 Corinthians 8.21  
Matthew 7.12 • Jeremiah 29.11



# BENEFITS

## MYREWARD

FLEX



Pension-matched up to 8%  
Enhanced maternity pay



Up to 30 days plus bank  
holidays

Staff holiday flat



Flexible benefits package tailored  
to meet your individual need



Access to blue light card discounts



Smarthealth – free online  
GP service 24/7



Life assurance 3 x salary



Funded health cashplan

# 44

**I LOVE WORKING FOR LANGLEY BECAUSE REGARDLESS OF OUR DIFFERENT ROLES WITHIN THE ORGANISATION, WE ARE ALL UNIFIED BY ONE OVERARCHING aim – TO EXTEND LOVE, HOPE AND SUPPORT TO SOME OF THE MOST MARGINALISED PEOPLE IN OUR SOCIETY.**

Katie  
Staff

# LANGLEY TRUST SERVICES



## Complex Needs Care

Ashdene - Wakefield  
Chatterton Hey - Bury  
House of St Martin - Taunton  
Longcroft - Lancaster  
Mariposa House - London  
Park View - Fleetwood  
The Knole - Cheltenham  
The Shrubbery - Kent

## Specialist Advice

HMP Fosse Way - Leicester

## Supported Housing

Box Tree Cottage (IAP) - Bradford  
Dorado - London  
Eliora - Bedfordshire & Northamptonshire  
Kadesh - Medway Towns  
Langdon (IAP) - Dorset  
Murray Lodge - Coventry  
Tekoa House - Rochdale

## Supported Housing places also at:

Ashdene - Wakefield  
Park View - Fleetwood

# EXTERNAL RECOGNITION



The quality of our work has been recognised externally, including Investors in People Gold accreditation three consecutive times since 2016 and the prestigious Charity Times Award 'Charity of the Year' in 2018.

## In 2023/24

- LaingBuisson 'Excellence in Specialist Care' Award – Winner
- Women in Housing Awards, 'Professional of the Year' – Highly commended

## In 2024/25

- We were a finalist for Charity Times Awards 'Equity, Diversity and Inclusion Award'
- Won the Investors in People Award for 'Best Culture'.
- Awarded Investors in People Platinum

We hold ISO270001 accreditation and are a Level 2 Disability Confident Employer.

## ED&I

Equality, Diversity & Inclusion



In addition to being a Level 2 Disability Confident Employer, Langley is proud to have established 4 Staff Networks since 2022:



True2Me – enabling those with a shared LGBTQIA+ identity to meet and think about the issues that are relevant for them.



Connect More – representing our younger workforce



Women of Wisdom (WoW) supporting women within Langley

TOGETHER

Together – celebrating and supporting ethnically diverse staff



My Brother's Keeper - Our Men's Network, bound by faith and shared values

# ASHDENE

## Wakefield

Ashdene is a complex needs care service in Wakefield providing 17 bedrooms, 3 of which are in a semi-independent, self-catered flat within the service.

It is a CQC registered extra care service for men coming from prisons, secure hospitals, or the community with multiple needs.

These might include mental health issues, learning disabilities, physical care needs and those recovering from substance misuse issues.

### FACILITIES

- Forensic step-down service
- Support for individuals with health care needs
- In-house forensic psychology provision
- Wheelchair accessible service
- Adapted bathroom facilities
- Fully catered placements
- 24-hour staffing
- Ensuite bathrooms available
- Activities programme





## LOCATION

Ashdene is located in Wakefield town centre.

## SUPPORT PROVIDED

The service provides: person-centred support, one-to-one key working, physical care provision and psychological and mental health support. Ashdene can also provide clients with extra care support in the community as they transition from a Langley placement to more independent accommodation.

## OTHER INFORMATION

Ashdene provides a safe and calm environment from which men can plan their next steps and grow in independence. Men are encouraged to structure their time with social and recreational activities, including use of the woodwork workshop, games room and TV room.

This service is an extra care service, providing tenancies which can be part funded by Housing Benefit.

## SECURITY

Single entry point, window restrictors and CCTV.

## STAFFING

Minimum of double staffing cover at all times, including night-awake staff. Additional staffing is in place for men requiring more dedicated staff support for their care needs who are funded for this.



## ELIGIBILITY

Men with convictions and those at risk of offending, aged 18 years and over.



## EXCLUSIONS

None; all referrals are considered on a case-by-case basis with partner agencies (including those overseen by MAPPA).

# JOB DESCRIPTION

<b>JOB TITLE</b>	Fitness Activities Leader
<b>WORKPLACE</b>	Ashdene
<b>HOURS</b>	Flexible to suit volunteer
<b>ACCOUNTABLE TO</b>	Service Manager
<b>JOB PURPOSE</b>	To engage clients in activities which will help improve their fitness and well-being, engaging and motivating them to make positive life changes.

## KEY RESPONSIBILITIES

(This list is not exhaustive but is indicative of your main areas of work)

### Working under the direction of the Service Manager and other staff members:

1. Take part in a regular scheduled fitness group, supporting the leader in keeping clients interested and engaged.
2. Accompany clients who are interested in attending the local gym and supporting them to take part.
3. Ensure Health and Safety guidelines are followed.
4. Complete Risk Assessments for approval before any activity takes place.
5. Research fitness activities that clients can attend, such as swimming, team games etc.
6. Help to support staff with the walking group activities.
7. Help to network and connect with voluntary, community and faith organisations to broaden the activities offer.

## KEY INDICATORS FOR ROLE

1. Motivated to help others and disadvantaged groups
2. Good interpersonal skills
3. Non- judgemental
4. Friendly and enthusiastic
5. Passionate about being active and staying healthy

**Please note that a satisfactory Enhanced DBS check is required for this role, and that role offers will be subject to the Trust receiving satisfactory references and evidence of the successful applicant's right to work in the UK.**

# APPLICATION PROCESS

If you would like you to find out any more about the role, please contact us on [volunteermanager@langleytrust.org](mailto:volunteermanager@langleytrust.org).

To apply, please submit an application on the Langley Trust volunteering page that can be found here [langleytrust.org/volunteer](http://langleytrust.org/volunteer)