

BREAKOUT

The supporter magazine for Langley Trust

SPRING 2026





WHEN DOORS OPEN UP, AND OTHERS HAVE GIVEN UP TIME FOR SOMETHING BETTER, BUT I WILL NOT GIVE UP...

Read client Ross' poem on p17



The Knole

WELCOME TO THE SPRING 2026 EDITION OF BREAKOUT!

Thank you so much for your continued support and interest in Langley Trust.

This spring we are looking forward to **5/17**, our National Day of Prayer. We hope that you will join us in prayer on 17-18th May as we reflect on 2 Corinthians 5.17:

“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here.”

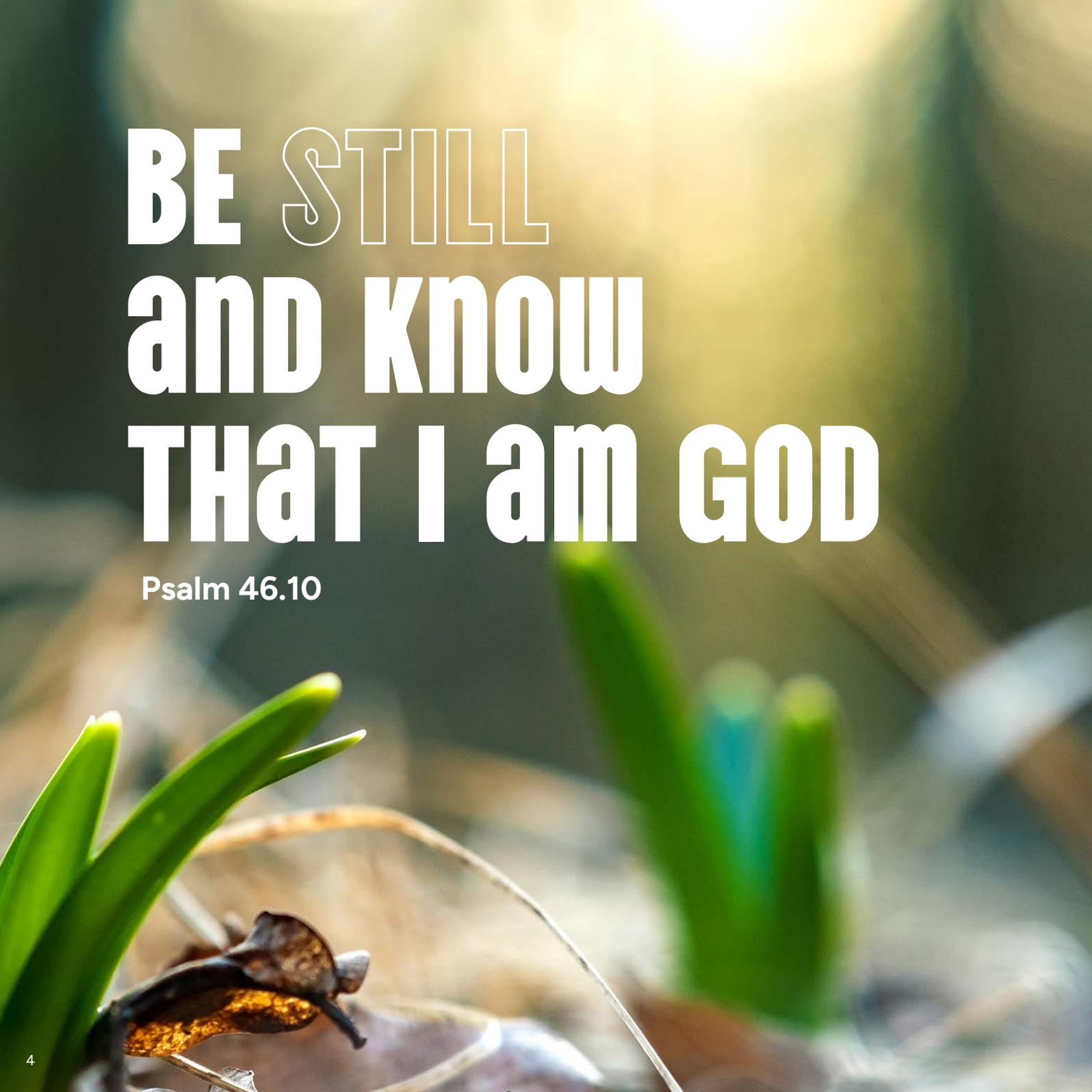
In this edition of Breakout we pick up this theme as we consider leaving the old behind and welcoming the new. We see this in our services, in the everyday moments and lives of our clients and staff, and in an exciting building renovation project as we gear up to opening a new service...



When Doors Open Up – A Client Poem (p17)

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**BE STILL
and know
THAT I am GOD**

Psalm 46.10

STILLNESS IN THE BUSYNESS

As I sit down to write this Breakout reflection, I'm looking out at my back garden. Even though there's a light drizzle, it's full of life – a squirrel is busily scabbling around in a plant pot, and birds are hopping about looking for food. Everything out there seems to be getting ready for spring. I can see the spring bulbs beginning to push through the soil, hinting at the new season ahead.

At Langley, we're in that same kind of busy season. We're gearing up for the new financial year in April, getting budgets finalised, and preparing for the opening of a new service. There's a lot going on! But in the middle of all that activity, it's so important that we stay centred on who we are and why we do what we do. Yes, we need the right resources, and yes, we need to make wise decisions – but we also need to stay true to our calling.

That's why finding moments to pause matters. In all the busyness we need those times to "be still and know that I am God" (Psalm 46.10), to listen for where God is guiding us next. My prayer for you, as you read this reflection, is that you're able to find those still moments too – to rest, to listen, and to reconnect with our Father God. More than anything, that's what will prepare us for the season ahead.

Thank you, as always, for your support and encouragement.

Tracy

Tracy Wild
Chief Executive



“THERE'S A LOT GOING ON! BUT IN THE MIDDLE OF ALL THAT ACTIVITY, IT'S SO IMPORTANT THAT WE STAY CENTRED ON WHO WE ARE AND WHY WE DO WHAT WE DO.”

FROM CHAOS TO STABILITY

Reflections from Dean,
Service Manager at The Knole

Give us a brief introduction to The Knole

When I describe the Knole I often start with its heritage. The Knole has been here more than 60 years, and although the service has developed, the foundations are the same. I'm in my 5th year and to have that legacy is very valuable and something to be proud of – and it's all because of God.

We are a registered care home with 15 beds, but clearly not a typical care home. We have guys aged in their 30s right up to their 90s. The home is a beautiful Grade II listed building on the edge of Cheltenham. And the environment, with its gardens and surroundings, is a place of peace, a place of safety – a place that people can feel secure.

“ TYPICALLY THE MAIN THING THAT CLIENTS COME WITH IS A NEED FOR STABILITY. THEY COME FROM CHAOTIC ENVIRONMENTS, CHAOTIC BACKGROUNDS, AND TRAUMA – THERE IS ALWAYS TRAUMA.

From The Archives:
An artist's impression of The Knole

Tell us about your clients and how you support them?

Typically the main thing that clients come with is a need for stability. They come from chaotic environments, chaotic backgrounds, and trauma – there is always trauma.

We are a regulated service and so we provide person-centred and trauma-informed care for clients. It's about being in tune with who they are – their unique abilities, interests, communication needs etc. Finding out what they are into and helping to occupy them is so important.

Ultimately what we do is underpinned by our values. Either knowingly or unknowingly clients will experience love, often for the first time in their lives. We have clients who've never had a birthday present, or a Christmas present hanging on their door in the morning. These aren't things we *have* to do, but we do because we deeply care and want to show them love.



Robert Goldsmith.



What challenges do you face and what are the encouragements?

The hardest part really can be the unpredictability. You can support someone for years but then they may slip back into old patterns. When you see people making unwise decisions, or struggling to break those chains of addictions – that's difficult.

But there's so many more positives than negatives. Progress looks different for everyone. There are many small victories: one client hadn't been on a bus but with coaching he has developed that skill of independence. We have another client on the board of a local charity supporting people with disabilities and mental health challenges.

The staff also are so key. Any changes in a small team can have a big impact, so finding the right people is important. But it's been really great recently to see staff progress and developing in their careers.

All these stories are why the Knole exists – and why I feel blessed to be part of it.

How did you come to be at the Knole and how is your faith significant to your work?

I was definitely called here. I've worked in care for more than 20 years and God opened the door to Langley at exactly the right time. It's a real privilege to work somewhere you can live out your faith. Every day in the service we begin with prayer and devotion. Visitors will often say they feel peace the moment they walk in. And that's not us, that's God's Spirit.

“ VISITORS WILL OFTEN SAY THEY FEEL PEACE THE MOMENT THEY WALK IN. AND THAT'S NOT US, THAT'S GOD'S SPIRIT.

My faith is a real motivation. It helps to have the bigger picture in mind knowing everyone is made in God's image. The job can be difficult, but it makes the burden lighter knowing Jesus is working alongside us. We also have two chaplains and other volunteers who come in and support our clients in many ways.

HEAR MORE FROM THE KNOLE

- When Doors Open Up* – Client Ross p16
- Working At The Knole* – Cook Trainer Lisa p8
- Pause for Thought* – Chaplain Georgia p18



Gardens at The Knole

THE ROLE OF A COOK TRAINER

Working At The Knole – Lisa

“I just think it’s a great place to work. I love it. I really do love it.”

We connected with Lisa, the Cook Trainer at The Knole, who was delighted to share her experience of working for Langley after an incredibly diverse career which started in criminal justice.

“They say most women have at least three careers. I’ve just topped it.”

After various roles in criminal justice – working in probation, in prisons and in the community alongside people with convictions and substance misuse issues – Lisa then moved into a global training role in the private sector, before opening and running her own vintage tea shop.

“I then saw the advert for the Knole and I couldn’t believe it. It looked like my dream job as it incorporated everything I’ve done in my career!”

As Cook Trainer Lisa manages the busy kitchen, preparing daily lunches and evening meals as

“WHAT HAS REALLY ASTOUNDED ME IS HOW WELL AND PROFESSIONALLY WE SUPERVISE CLIENTS WITH HIGH-RISK OFFENSES – BUT THEY’RE CARED FOR TOO.”



well as providing essential training in cooking and food preparation for clients. Some clients will achieve qualifications, such as their food hygiene certificates.

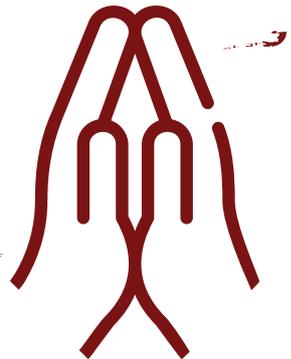
“The most rewarding part is watching clients grow and getting to know themselves in a safe environment ... What has really astounded me is how well and professionally we supervise clients with high-risk offences – but they’re cared for too. It’s just phenomenal. It’s everything I wished I could see when I worked in community justice and in the prisons system. It is so nice to know that we’re actually helping the situation and helping those clients.”

Lisa described the privilege of working in a caring and supportive environment, with a team that is there for each other through the ups and downs. Ultimately, they come to work to support the clients, treating them with respect and with a desire to see them progress.

“I always want to make the food look nice for the clients as well, even though I know that they’ll eat it within 30 seconds. It’s my professional pride I guess, because I ran a food business with customers, it’s like they’re my customers.”

WE’RE SO THANKFUL FOR LISA AND ALL OUR STAFF ACROSS LANGLEY WHO WORK SO HARD TO SEE OUR CLIENTS FLOURISH.

*Pull out this central spread
to keep as a reminder >>*



5/17

5/17

5/17

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5/17

**DAY OF
PRAYER**

6pm May 17th – 6pm May 18th

**THEREFORE, IF ANYONE IS IN CHRIST,
THE NEW CREATION HAS COME:
THE OLD HAS GONE,
THE NEW IS HERE.**

2 Corinthians 5:17

5/17

5/17

*See next page for
more details >>*

5/17 DAY OF PRAYER – THE VISION

WHY WE HAVE A DAY OF PRAYER

It had all been so confusing that night when Nick first met Rabbi Jesus after the sun had gone down. He'd been confused himself and that was why he went to speak with the Galilean rabbi. Nick was one of the most well-known and much-loved teachers of the Jewish law, but from everything he had heard about Rabbi Jesus, here was a teacher with something akin to divine authority. So late that night under the cover of darkness Nicodemus had snuck out of his home, avoided the synagogue and sought out the rabbi, to ask about Jesus' miraculous powers.

Nick had left that nocturnal meeting even more confused, for Rabbi Jesus had given him something else to think about. Jesus had told him that to comprehend the Kingdom of God a person had to be 'born again' born not a second time of the flesh but of the Holy Spirit.

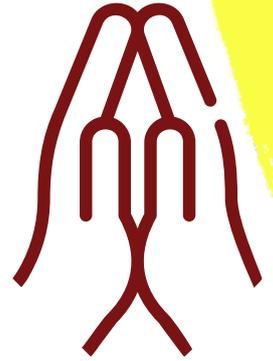
Over the next few months as Nicodemus listened to Jesus and even began to hang out with Jesus' friends he had sensed a greater spiritual clarity, and a warming of his heart – so that here he was the day Jesus had been crucified buying and carrying the burial spices to his friend's house, for Joseph of Arimathea had offered his own personal grave for Jesus' burial.

On this strangest of days, when Rabbi Jesus had been killed, and many of Nick's fellow teachers had stirred the crowd to call for his death, Nick felt something like love for the dead rabbi. Of course, Nicodemus and millions of others were shocked a few days later to learn that Jesus had walked out of the grave, his heavenly father had raised him from the dead.

Nicodemus began to tell his friends of his own 'second birth' how he now trusted Jesus more than anyone or anything else in all creation. For Jesus' words held greater hope than any other message he had ever heard. "You can be born again, you can leave your past behind, for Jesus has conquered death itself, and he freely sends the holy spirit of God into anyone who fully turns to him seeking a fresh start in life, a 'resurrection' life."

And now years later, Paul, whom Nick had known as Saul at the Pharisaic conferences years before all this began, was writing to the Corinthian Christians: "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Rev Preb Andy Rider Director of Chaplaincy Services



**THEREFORE, IF ANYONE IS IN CHRIST,
THE NEW CREATION HAS COME:
THE OLD HAS GONE, THE NEW IS HERE.**

2 Corinthians 5:17

The vision of the New Creation in 2 Corinthians 5.17 is a vision we share for the whole of Langley and beyond.

We desire for this new creation hope to be known by individuals, teams and services across Langley, as well as impacting the wider criminal justice sector.

With this in mind, we have moved our Day of Prayer to begin on 17th May and named it 5/17 to keep us focused on the promise that 'if anyone is in Christ, the new creation has come: The old has gone, the new is here'.

There will be a full 24 hours of prayer – beginning at 6pm on Sunday 17th May. **Here's how you can get involved:**

■ **PRAY ONLINE** Join with other Langley supporters, as well as clients, staff and volunteers, as we gather to pray online together. Each 30 minute session will focus on a different theme:

- **Launch – 6pm, Sunday 17th**
Join us as we launch the day of prayer together
- **Sunrise Prayers – 6am, Monday 18th**
Praying new creation hope over Langley clients
- **Noonday Prayers – 12noon, Monday 18th**
Praying the new creation for Langley teams and services
- **End of Day Prayers – 6pm, Monday 18th**
Praying for new creation transformation in challenges facing the criminal justice sector.

■ **PROMISE TO PRAY** We would love every minute of the 24 hours to be covered in prayer. **Sign up at the link below.**

■ **PUNCTUATE WITH PRAYER** Set a reminder to pray, for Langley, for a minute or two, on the hour, every hour between 6pm and 6pm

**MORE DETAILS, SIGN UP TO PRAY
AND JOIN OUR ONLINE PRAYER CALLS:**

langleytrust.org/dayofprayer



5/17 TIMELINE

Sun
17 MAY 2026

6pm ONLINE: LAUNCH 30 mins

6pm-12MIDNIGHT PROMISE TO PRAY
Sign up for an hourly prayer slot

Mon
18 MAY 2026

12am-6am PROMISE TO PRAY
Sign up for an hourly prayer slot

6am ONLINE: SUNRISE PRAYERS
30 mins

6am-12noon PROMISE TO PRAY
Sign up for an hourly prayer slot

12noon ONLINE: NOONDAY PRAYERS
30 mins

6am-12noon PROMISE TO PRAY
Sign up for an hourly prayer slot

6pm ONLINE: END OF DAY PRAYERS
30 mins



5/17

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**DAY OF
PRAYER**

6pm May 17th – 6pm May 18th

5/17

5/17

*<< Pull out this central
spread to keep as a reminder*

SUPPORT US

Give financially to Langley and help people with convictions to transform their lives. We truly value all our supporters and the huge difference they make to the individuals we work with.

Give to Langley to improve our client experience

Help Langley provide the best experiences, resources and environments to see our clients flourish. Our services and their gardens are our clients' homes – they are significant to their rehabilitation and success.

Give to the work of our chaplaincy teams

Support our volunteer chaplains as they ensure a Christian presence in each of our services - providing friendship, support and the opportunity to hear about the redemptive love of Jesus.



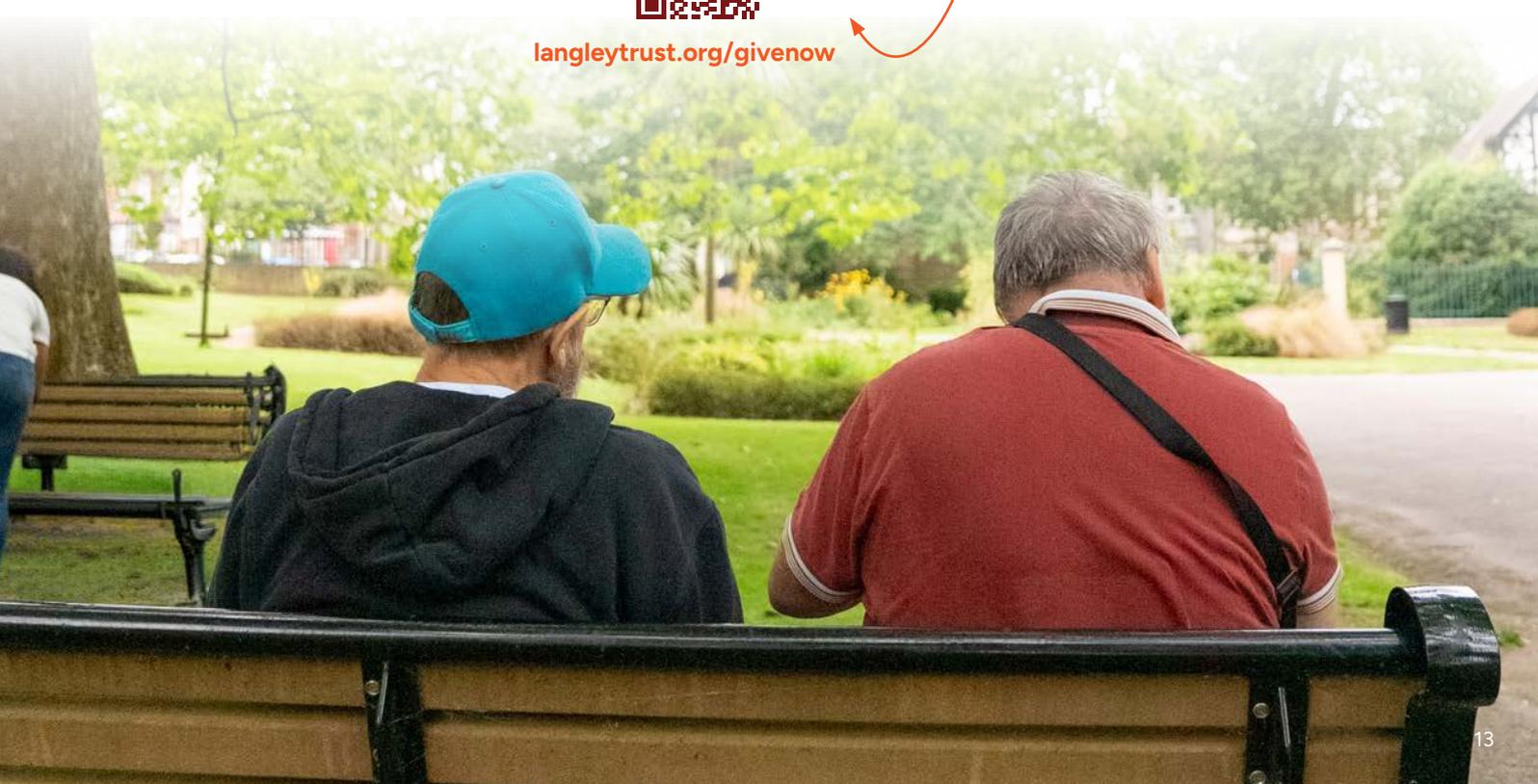
langleytrust.org/givenow

GIVE NOW

For more information or if you have any questions please get in touch with Louisa: fundraising@langleytrust.org

Ways To Give

- **Make a one-off donation:**
langleytrust.org/givenow or use the QR code below.
- **Set up a regular standing order:**
langleytrust.org/givenow or use the QR code below.
- **Leave A Legacy:** Over the years we have had the privilege of being included in the legacies of many Langley friends and supporters. Please get in touch if you would like to discuss this opportunity.



NEWS ROUND-UP



THE OLD HAS GONE, THE NEW HAS COME

A New Service Opening Soon

We're excited to be moving forward with a major renovation project – seeing an old building restored and made new. It's a powerful picture of the transformation we see in our clients' lives and we look forward to seeing many people impacted by this new service.

This project is particularly poignant as the building previously housed a Langley service. After being closed and then used by another organisation, it eventually fell into disrepair. Bringing this space back to life is a significant moment.

We value your prayers: for the renovation work, for relationship building in a new community, for staff recruitment, and for the clients who will walk through those new doors – seeking to leave their pasts behind them and embrace a new future.



People Conference • June 2026

CONNECTED

TOGETHER WE ARE STRONGER

PEOPLE CONFERENCE 2026

This year we are excited to be hosting our People Conference for all Langley staff and volunteers. This event only happens every 2 years and is a significant moment in the life of the Trust.

Our theme this year is "Connected - Together We Are Stronger". Langley people will gather from across the country to connect together, to celebrate our unique contributions (including our People Awards) and to learn from each other so that we can grow and achieve more together.

Please pray with us for this event – running twice on June 23rd and 25th.

ALPHA 2026

At the start of the year the Chaplaincy Team launched our fifth online Alpha course, for staff & volunteers, which will run until Easter.

Alpha creates a weekly space where people from across Langley come together for conversations about faith, life and God. This year we have 10 guests taking part. We run Alpha so that every person has the opportunity to learn about the Christian faith and to experience God's love for them.

Please join us in prayer for this year's cohort.

CHRISTMAS APPEAL UPDATE

At Christmas we ran our Christmas Presence fundraising appeal – supporting us to be present for our clients both at Christmas and throughout the year.

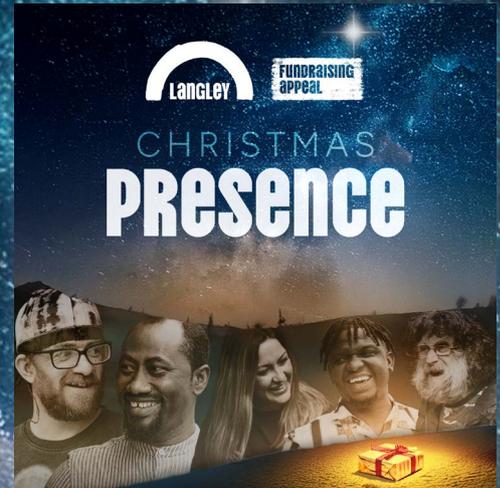
Thanks to your generosity we raised **£4,700** – thank you! For many, last Christmas will have been the first time Christmas felt safe and filled with warmth.

"We went for a Christmas meal, we actually went out to a big restaurant like place. I got a wee bit emotional because I've never really experienced that before. It all came together and it was just a fantastic night." Ross, Langley Client

These types of moments happen because you chose to care. Your support helps us to create memories that go far beyond presents and helps us to provide stability and a compassionate presence in our clients' lives all year round.

From everyone at Langley Trust, we would like to thank you for your generosity, for making last year's Christmas a memorable one and providing support which helps us to see lives transformed.

Louisa Abdulazeez
Partner Relations Lead



SOME CELEBRATIONS THIS CHRISTMAS:



WHEN DOORS OPEN UP

Ross' Story

Ross recently moved to the Knole after spending time at the House of St Martin. He shares what life has been like with Langley and the significance that learning to express his feelings through poetry has had on him.

When I landed at the House of St Martin, for me it was about building confidence and self-esteem. I had to learn to love myself and forgive myself from my past, and also learn to trust others.

It was good for me there but it was time to move on. I'm now at the Knole and I'm loving it. I wanted to continue moving forward and to continue building a more positive and a happier life.

What has life been like since moving to the Knole?

I've done loads here. I go to a weekly disco for people with learning disabilities and mental health. I've been on some trips, I went to see Robot Wars Extreme. Last night I went to an outdoor light show, which just blew me away – I'd never experienced anything like that in my life.

Staff here have been fantastic. I've been into town by myself on a bus now, which was nerve wracking because I had to get used to getting on and off. At the moment they're supporting me with money management. It feels like the House of St Martin – it's like a family.

***National Consultative Group**
– client representatives from each service meet regularly with each other and with Langley leadership to provide feedback from their services.

“ I HAD TO LEARN TO LOVE MYSELF AND FORGIVE MYSELF FROM MY PAST, AND ALSO LEARN TO TRUST OTHERS.

What has helped you to grow in confidence and ultimately to love yourself?

Well I became the house rep for my service and I went to NCG*. They did a prayer there and spoke about God. Even though I'm religious I had kept that side quite private. But when I was there it touched me in a way that I wasn't expecting it to touch me.

When that happened that's when I knew that it was my time to just be me. It gave me that strength to think about other people and to support others. It made me think about God more and to pray more for others and bad things I'd seen on TV.



WATCH

Ross share his story
langleytrust.org/ross

Tell us why poetry has been so important for you

I first learned how to write poetry when I went to a creative class in prison. I started to write a story and some words came into my head and it sounded more like a poem than a story. It was a lot to do with mental health side of things and to express myself. Back then I wasn't so good at talking about how I felt so I would write it in a poem.

Then when I went up for parole, I was asked to write a poem about the past, present, and future... I can tell you that one if you like? The reason I remember my poems is I use them every day as a way of dealing with stress, depression and things like that. This one's called *When Doors Open Up*:

*When Doors Open Up, and others have given up
Time for something better, but I will not give up.*

*I will get there one day if I'm given a chance
To show what I've learned and I won't ever give up.*

*I know that I am different
to others that have tried
To move on past if only given a chance.*

*I will have the right support upon release
my family by my side, social workers alike
Not only probation but staff working by my side.*

*So if you did believe in me,
just like I have to believe in the system
That one day my time will come
when I can work with everyone.*

*I've always been motivated
to share what I have done
And to go through it with someone.*

*So I'm now asking to be given a chance
To start a new future
and to have a fresh start.*

*I will do what it takes to make it
on the other side of the gate
To reassure you all
with the best intentions put in place.*

*Thank you for all listening to me
I wish you a very happy day.*



What's next for you?

I'm looking to go rock climbing again, which will be my second time. I'm scared of heights, but it's a way of building trust within a working relationship and also learning new ways to cope in different situations.

The other thing that I'm going to be doing is to see my family more. ***I'm just going to continue moving forward. Continue building confidence and self-esteem.***

Pause For Thought

DEVOTION

**THEREFORE, IF ANYONE
IS IN CHRIST, THE NEW
CREATION HAS COME:
THE OLD HAS GONE, THE
NEW IS HERE.**

2 Corinthians 5.17

Do you doodle? Recent research shows that doodlers take in 29% more information when they're doodling while listening than non-doodlers?

Did you know John F Kennedy was a great doodler, sketching dominoes while he listened? When we're creating, even something as incidental as a doodle, it can ground us, and open us up to new ways of thinking and seeing.

As a new volunteer chaplain at Langley's service in Cheltenham, The Knole, I've been amazed by the power that creating something can have, to bring insight and hope. I'm not a naturally artistic person, but many of The Knole's clients are, and exploring God's love through crafts and creativity has opened up some really interesting conversations.



44 I WONDER AT THE JOY GOD MIGHT FEEL AT THE NEW CREATIONS HE CAN MAKE WITHIN US.

Making snowflakes last Christmas, one of the clients talked about each snowflake being unique, and helped us to reflect together on the uniqueness of every person. We decorated boxes and filled them with gold, frankincense and myrrh at Epiphany (pictured). Exploring the uses and fragrance of frankincense and myrrh led us to discuss worship, burial and ritual. And decorating crosses recently (pictured), a client spoke to me about how the cross belonged to Jesus; how it had become His through His love for us all.

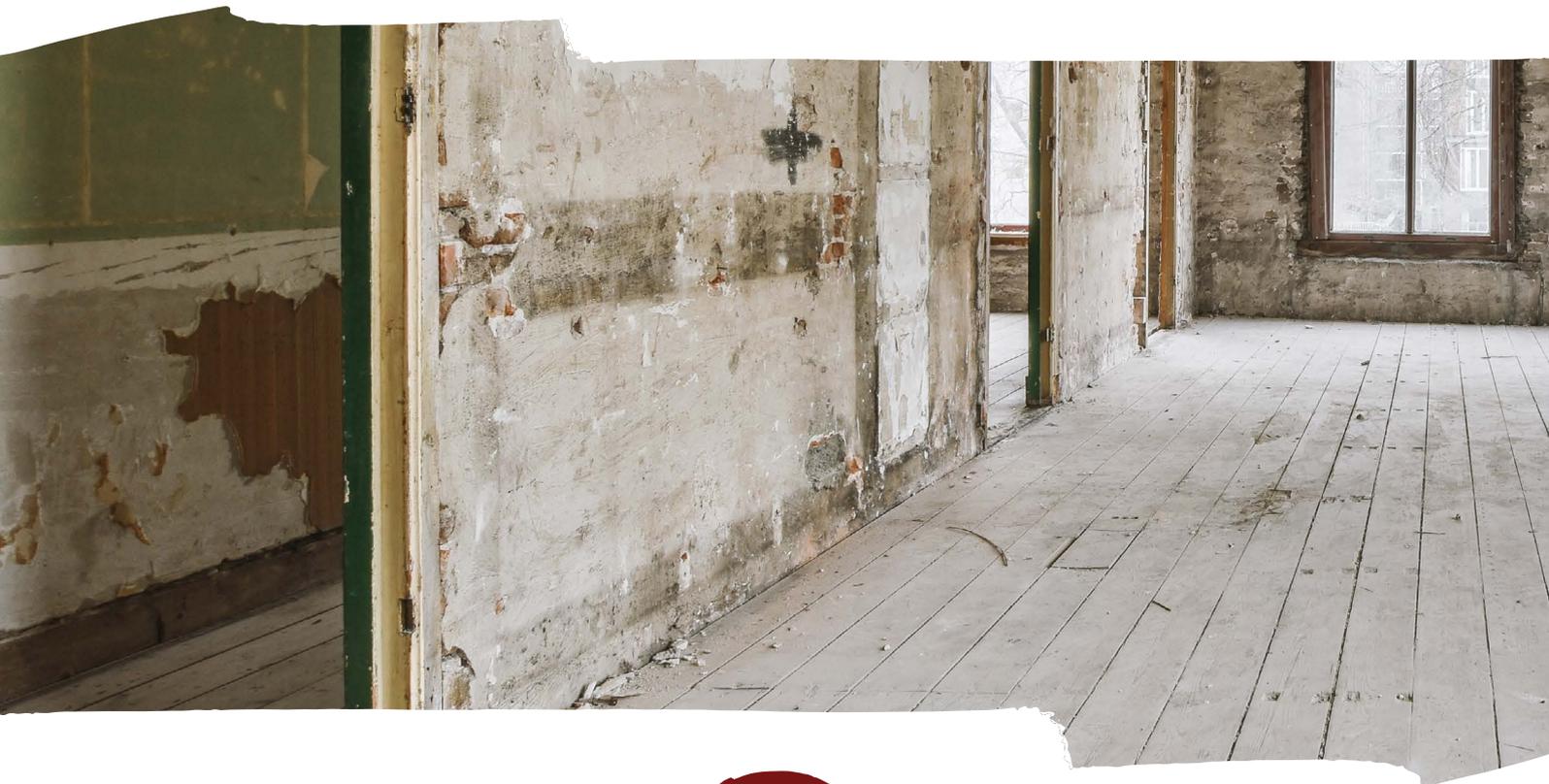
Making something new can reveal to us something we didn't know we had inside ourselves. It shows us the possibility that God might create in us something new. And if it can bring us joy to create new things, I wonder at the joy God might feel at the new creations he can make within us.

Georgia Boon
Volunteer Chaplain
The Knole



CREATIVITY AT THE KNOLE





**THANKS FOR READING THIS EDITION.
WE WOULD LOVE TO HEAR FROM YOU!**

Please direct any queries, comments
or feedback to us at

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