

THE SUPPORTER MAGAZINE OF LANGLEY HOUSE TRUST

# BRILLIANT

SUMMER 2023

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\*Names and faces have  
been changed throughout  
this publication in order to  
protect those under our care



## *An update from our* **CHIEF EXECUTIVE**

I don't know about you, but I love a celebration and when I celebrate, I love to celebrate with others. There is nothing like the fellowship of celebration either cheering others on or sharing the joy with those around you. Celebration is first and foremost giving thanks for a positive outcome or event, it indicates to those around us that the thing we are celebrating is very important to us.

In Langley, we are no different we love to celebrate. Whether it is the private celebration between a keyworker and a client when a client has made a positive move forward in changing their life, or whether it is a bigger celebration such as the Trust being shortlisted for an award. Celebration is a good rhythm to have.

I am often impressed at how those within Langley are so generous in their praise of others, celebrating good things that are happening around them. I often get emails from our operational colleagues

that highlight to me a piece of good work, a personal achievement by one of our clients, or something good which has happened within one of our services. I believe celebrating the positives around us engenders an ethos and culture of regularly giving thanks for positive outcomes and the work and efforts we see around us.

Let us in the coming weeks be extra vigilant in identifying those things worthy of celebrating with others. Thank you for journeying with us and being one of the champions that encourage us in our daily work with clients.

*Tracy*

**Tracy Wild**  
Chief Executive  
Langley House Trust



# *Kainos* **GRADUATION**

Kainos Community is part of the Langley Group based at HMP Lancaster Farms. They are responsible for delivering the Challenge to Change (C2C) programme. It is an accredited, offending behaviour programme aiming to positively change prisoners' behaviour and equip them with new skills and perspectives to help them for their remaining time in prison as well as for life upon release.

C2C is a 6 month classroom-based programme that takes place on a prison wing. Whilst not every prisoner on the wing will take part in the programme, every member of the programme will be on the same wing. The programme aims to support male offenders presenting a medium-high risk, and who would often display previous poor decision-making, poor cognitive skills, poor pro-social interpersonal skills, etc.

C2C uses Cognitive Behavioural Therapy (CBT) alongside community living skills to contribute to safer prison strategies and prepare prisoners for long-term resettlement in the community. As well as reducing reoffending, Kainos help prisoners on the programme to challenge and change their own value system, develop positive thinking to change their lives and previous lifestyles, and also encourages honest and respectful interaction with their fellow programme members.



During the 6 months, the men complete 5 modules:

## 01

### **Orientation, Assessment & Preparation**

This module is a great foundation and provides an opportunity for icebreakers and team building, as well as looking at the cycle of change and problem-solving. The participants are also asked to create 'life maps' where they reflect on their life up until this point, and what they'd like their future to look like.

## 02

### **Community Living**

Focusing on communication and social skills and attitudes towards authority.

## 03

### **Focus**

This module looks at the beliefs that influence the prisoners thinking and they also complete peer assessments.

## 04

### **Interpersonal Relationships**

here the men reflect on offending and the wider consequences it can have. They explore themes of anger, victim awareness, taking responsibility, and the ripple effect of crime.

## 05

### **Citizenship**

Finally, they explore topics of education, training, employment, accommodation, health and well-being, substance awareness, finance, benefits, and debt.





When we arrived at the prison, we were taken for a tour of the wing. The wing itself looked much like you might expect a prison wing to look and very similar to what we might see in TV shows and films, apart from the cupboards and doors had been decorated by the C2C participants. Their artwork added a real splash of colour to the wing, as well as serving as a bold declaration of the already life-changing work that was taking place on the wing. This continued in their classroom. There were some particularly talented and insightful pieces of work, and the life maps that the prisoners had created were moving and reflected the fact that many of the prisoners had experienced crime and poverty in their childhoods, became fathers at a very young age, and had been failed by systems in their early life.

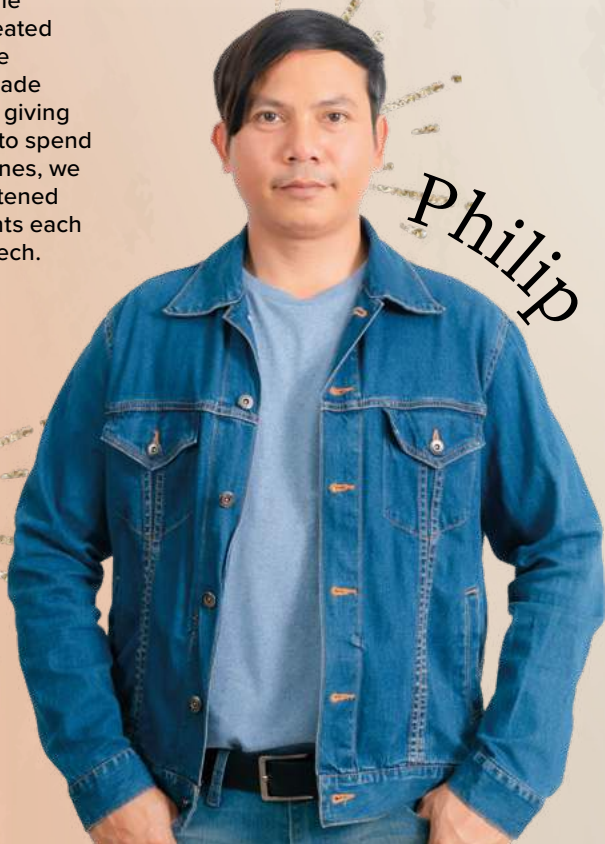
Over at the visitor's centre, we were joined by the participant's friends and families, and other members of the Kainos staff team. We were all treated to a delicious cake that one of the participants on the course had made especially for the occasion. After giving the men some time to spend with their loved ones, we gathered and listened as the participants each delivered a speech.

Keith\* bravely stood up and elaborated on the elements of the programme that had allowed him to gain a better sense of empathy through role-play with the other members. He said that the Kainos team had helped to change his life for the better, and the programme had helped him better understand how his offence impacted others. Keith expressed his newfound optimism, sharing his ambitions to run a business and rebuild family ties upon leaving prison. He is keen to take his new skills and apply them upon his release into the community – and shared his heartfelt thanks to the facilitators, too.

Philip\* also went into more detail about what he had taken from the various modules on the programme, and said his biggest takeaway is to keep focusing on the bigger picture and not to get so hung up and stressed about the things he cannot change. Philip said that he had



Milo



Philip

received great advice and support whilst on the programme and wants to continue to take responsibility and have better positive thought processes as he goes forward.

Milo\* was completely honest with us when he shared that he initially only signed up for the programme so he could get back onto the wing he wanted to be on! Whilst his motives may not have been centred on completing the programme at first, he said he is now so pleased he stuck with it and has learned a lot. Milo says he now aims to treat people as he would like to be treated. Upon his release from prison, he wants to make amends to loved ones in his life and to have positive relationships with his children. Milo had struggled with drink and drug addictions and now says he wants to stay away from substances and apply the skills he has learned on the programme to have the future he wants to have.

Public speaking is something that many of the men on the C2C programme will never have had to do before in their life. For these graduates to stand up in front of us all and deliver their speeches they deserved and received a huge round of applause, and though there were some shaky hands and quiet voices, their bravery was astounding and a great reflection of the skills they had adopted through the last 6 months on the course.

Robyn Archer, the Treatment Manager for Kainos and a facilitator of the programme expressed her absolute pride for the group who were graduating. Robyn's personal highlight from the programme was module 3: 'Peer evaluation is always a highlight as it gives the guys a chance to evaluate and challenge each other's behaviours.'

I'm sure you'll join us as we continue to pray for the Kainos team and all their incredible work, but also as we pray for every individual who completes the Challenge to Change programme – that they may genuinely and wholeheartedly accept the life-changing support offered to them and feel well equipped to start a new crime-free life and mentality.

Keith





**The Knole in Gloucestershire is 60 years old this year!**  
It first opened its doors in 1963 and has seen a steady change over the years. The Knole is a 20-bed registered care home for men with multiple needs, including mental health needs or a learning disability. It is a well-established care home that offers men a calm environment from which to plan their next steps.

# 60

*Years*  
of The Knole

Dean



It sits independently on beautiful grounds set away from the main residential area. The grounds are looked after by the residents and staff. The Knole currently has two Chaplains who volunteer their time to visit the men in their home. They offer a listening ear and an opportunity to engage in worship services if they so wish.

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Dean Fletcher, the Service Manager for the Knole, talks to us about its rich history, celebration events, and future plans.

***What did the Knole look like when it first opened?***

There were living quarters downstairs for the house parents. When it first opened, there were only 14 beds as staff slept in at that time. The building hasn't changed much over the years as it is Grade 2 listed. There used to be lots of events like family open days, donkey rides, and lots and lots of fun.

***How many service managers have there been over the years?***

At least 5 over the 60 years.

***What are the longest-serving staff/clients/volunteers?***

The longest-serving staff member would be Nicky as she is in her currently in her 14th year. Earnest is the longest resident at 22 years.

***We all love a good party. What party plans have you got in place?***

We love a party too! So far, we have planned a party in the garden, inviting friends and connections from the past and present, and a service of thanksgiving. We have a lot to celebrate and thank God for.

***Are there any stories about residents or staff, that really stand out for you?***

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There are so many. During my time as Service Manager, one of my favourite times was when we got to celebrate Ernest's 80th birthday.

Then in 2011, we had a flood in the cellar on Christmas Eve! That was an interesting time to flood.

Another time the ceiling collapsed in the dining room one night, thankfully the room was empty at the time. It sounds like we are falling apart. (But we're not!)

I've really enjoyed seeing the growth and development of projects that occurred due to the opportunities from the Knole and of course, the development of the residents needing a more independent future.

***What are the future plans for The Knole?***

We are really looking forward to the redecoration of The Knole and the new flooring being laid which starts in May.

***What can we pray for you?***

The staff and managers in the ever-evolving landscape of care.

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Please pray for Dean and the whole team of staff and volunteers as they continue to work alongside their residents. Please pray for new relationships in the community to flourish, particularly in relation to new churches wanting to partner with The Knole.

If you wanted to send a financial gift to The Knole or a message of encouragement, you can do that by emailing [fundraising@langleyhousetrust.org](mailto:fundraising@langleyhousetrust.org)

*Father of compassion, Be close to the lonely, be hope  
for the anxious And to those in darkness, be their  
light; Lord Jesus Christ, you taught us to love our  
neighbour, And to care for those in need,*

# *You are invited*

*Strengthen us and all the Langley Family To comfort  
the fearful, to lift the broken-hearted And to assure  
the isolated of your love, and ours; For the glory of  
your kingdom and the beauty of your name. Amen*

# - THE LANGLEY - DAY OF PRAYER

🙏 Thursday 15th June | 7am to 7pm 🙏

As part of our 65th Anniversary celebrations, Thursday 15th June is set aside as a Langley Day of Prayer.

At Langley, we have so much to thank the Lord for and believe that, when we humble ourselves, pray, and seek His face, He hears and brings healing and transformation. Please stand with us in prayer.

There are different ways that you can get involved:

**01** Commit to praying, for Langley, for one hour click or scan the code below:



**02** Set a reminder to pray, for Langley, for a minute or two, every hour between 7am and 7pm

**03** Join others across Langley, to pray online for half an hour at 7am, 10am, 2pm, and 6.30pm. Please contact [p.maginn@langleyhousetrust.org](mailto:p.maginn@langleyhousetrust.org) for more information.

Langley is  
**65**  
1958-2023

*Thanksgiving  
Service*

*Join us to celebrate*

Langley House Trust is 65 years old this year and we would like to celebrate with you. We have an in-person service which is being held on Tuesday 12th September, 2pm at Christ Church Spitalfields in London (E1 6LY). You can register your interest at: [fundraising@langleyhousetrust.org](mailto:fundraising@langleyhousetrust.org)

For those of you who live further afield, we are hoping to live stream the service. More details will be given via our website closer to the time.

We would love your prayers for the event. For those speaking at it. For those attending it. For our staff and volunteers, past and present. And for those clients for whom Langley has had the privilege to walk alongside for the past 65 years.



NEWS

news

NEWS

NEWS

news

# *Congratulations* **TRACY**

On 8th March 2013, Langley welcomed Tracy Wild as its new CEO.

Ten years on we congratulate and celebrate Tracy for all that she has led Langley through as an organisation; for the many clients' lives that she has impacted for the better, and for the lives of staff and volunteers that she has touched through her leadership. Tracy remains faith-driven and committed to seeing the best for people, no matter what their past looks like. Langley is so thankful for Tracy and all that she continues to bring to us.

Happy 10th anniversary, Tracy!



# *NEW* **CARE HOME**

We have recently obtained a new care home which will enable us to provide 14 extra rooms including more accessible rooms for those who have mobility issues. It is currently undergoing some refurbishment and we are hoping it will be ready to accept clients in the summer. This is an exciting new development, and we thank God for the provision of this building.



## *Energy Hardship Fund* **PLEASE HELP**

Langley has established a Hardship Fund to support our clients who are struggling to pay their energy costs.

Any amount you give will be allocated to the fund and distributed to support those in need and give them a helping hand.

To give in this way please donate in the usual way via cheque or online



donation but please make clear you wish the donation to go to the "Energy Hardship Fund"

To donate online please go to:  
[langleyhousetrust.enthuse.com](http://langleyhousetrust.enthuse.com) or  
click or scan the QR code here with  
your phone/tablet





Alan

In 2021-2022, Langley House Trust supported over 1450 clients across our services. Langley has 122 housing and care properties across England, and we work in 18 prisons giving targeted advice. We work with all kinds of clients with the same purpose of helping them to live crime-free lives and move into a community where they can make a positive contribution. Our clients come from all walks of life. Some will stay with Langley for a short time, and others will stay with us for many years.

Tekoa House provides housing and tenancy services for men, particularly in the Rochdale area of Greater Manchester. It is a 42-bed property, offering 24-hour staffing care, full catering, and move-on options both in the house and in the community when residents are ready to gain more independence.

*The  
day in  
the life  
of a  
client*



We caught up with one of the clients who is living at Tekoa

### **Tell us a bit about yourself**

*Hello, my name is Alan and I'm 42 years old.*

### **How long have you been at Tekoa House?**

*I've been here for about 4 weeks now. This is my second time at Tekoa House. I first came to Tekoa a while ago and then got recalled\*. I actually asked to come back here as I really want to make some big changes in my life, and I know that I will get the help I need at Tekoa.*

### **What does a typical day look like for you?**

*(laughs) There is no typical day. I'm on a 7am-11pm license. This means that I have to make sure I'm back at Tekoa by 11pm each night and can't leave until 7am each morning. I get up and have my breakfast. Mealtimes at Tekoa are good.*

*In prison, you don't really get much food. You have to live on canteen\* otherwise you would starve!*

*Canteen would show up and it would mean that you could 'kettle cook'\* and have extra food. The portion sizes in prison are very small. I cannot believe how amazing the staff are. They really do care about me. When anyone new comes to live at Tekoa, I help show them the ropes as it takes some time to adjust. But the staff just want to help us all.*

*\*Canteen. Inmates are given a list of items that they can purchase once a week. These range from hygiene products to food. Alan liked the noodles, eggs, couscous, and tuna the best.*

Inmates could only spend £20 a week on canteen unless they were an enhanced prisoner. The enhanced level is for those prisoners who exceed the Standard level by abiding by the behaviour principles and demonstrating the required types of behaviour to a consistently high standard.

*\*Kettle cook. As it sounds - cooking food items in a kettle such as hard-boiled eggs and noodles.*

### **What are some of the best things about Tekoa?**

The staff. The first time that I came to Tekoa

*I wasn't really interested in life. I had been moved from prison to prison so many times and seen a lot of violence. But then one day I just decided, enough was enough. I needed to change. I want to be able to see my kids again and have a relationship with them. So, I asked to come back, knowing that they could help me. I can honestly say it's been one of the best things that have ever happened to me. The staff care so much for you. If you are having a bad day, they just know and they try to cheer you up. The other lads*

*are also great. It is good to have them about. We all support each other so it's not so lonely. There is always someone to talk to. We have a small gym downstairs so I can use the punchbag which helps. I used to box a lot when I was younger, so it's good to have the chance to do that again.*

### **What was prison like for you?**

*It was awful. The hardest part, apart from no food, was 'bang-up\*'. We were often in our cells for 23 hours a day. With that much time to think and no one to talk to, your mind can just play tricks. It's hard. It isn't*

***I had been moved from prison to prison so many times and seen a lot of violence. But then one day I just decided, enough was enough.***

*a place that I'd like to go back to. I don't think anyone makes a choice to go back to prison, but sometimes the broken system means that you can be recalled because you've broken your license or done something that means you are recalled.*

*\*Recalled. Being sent back to prison for a breach of license terms.*

*\*Bang-up. A prisoner being locked in their cell.*

**What are your future hopes?**

*The same as most people. A job, my own flat, see my kids and go on holiday. Money is always a worry. I currently get Universal Credit, but I really want to work so that I can get my own place. I really want to see my kids again and start building a relationship with them.*

**Do you have anything to say to the staff and supporters of Langley?**

*Just thank you. The staff at Tekoa have been amazing. I am so glad that they accepted me back. I feel like I have a real chance to get back on track and move forwards. Thanks for all your support.*

***The staff at Tekoa have been amazing. I am so glad that they accepted me back. I feel like I have a real chance to get back on track and move forwards. Thanks for all your support.***

*We have recorded another interview with one of our residents at the House of St Martin. It is a registered care home for men with multiple needs, including substance misuse issues, mental health needs, or a learning disability.*

*Click or scan to watch his interview*





# REV ANDY RIDER

*Director of Chaplaincy*



Across Langley this year, we are celebrating our 65th anniversary. I do hope you will join us in whatever way you can.

When I think of the word 'celebrate' I often remember two celebrations in the Bible, both hugely significant in their own way. Firstly, I think of the day in 957 BC just after the temple building works are finished. Solomon has just prayed to God asking Him to come into his completed temple. Of course, God is omnipresent, but there are both Jewish and Christian traditional stories of God somehow being 'even more present' at certain times and places.

The Bible records that when Solomon finished praying, the glory of the Lord filled the temple, and the priests could not enter because God's glory was so thick. The Israelites nearby involuntarily fell to their knees on the pavement and gave thanks to the Lord, saying, "He is good; his love endures forever." (2 Chronicles 7.3)

The second celebration that comes to my mind is in the parable in that Jesus tells of the lost sheep, and how, when the shepherd finds his lost sheep, he throws a party for his friends. Jesus says it is just like that whenever someone turns to God and gives their life to Jesus, God throws a party in heaven.

In both these stories we see the simultaneous celebration on earth and in

heaven. Everything is richer, bigger, better, and more exciting when the celebration on earth involves God. I'm praying, that as we celebrate across Langley this year we would know the presence of God in our midst, we would know the joy we bring Him, and the celebration He throws in Heaven whenever we trust Him with our future.

**Rev Andy Rider**  
Director of Chaplaincy  
Langley House Trust

*"He is good;  
his love  
endures  
forever."*

**2 Chronicles 7.3**





Langley is

65

1958-2023



For our current  
vacancies  
please click or  
scan above

Langley House Trust turns 65 this year! That is 65 years of continual care and support to people seeking to make a change in their lives with the hope to live crime-free.

Langley House Trust operates over 120 properties across England, from the very North of Lancaster to the Southern places of Exeter. From the West of Blackpool to

the East of Norwich. Langley covers a lot of miles and is supported by its dedicated staff team of 300+ people, tens of volunteers and volunteer Chaplains, and scores of prayer warriors and supporters from across the Country.

Our vision is to have hundreds of people across the nation raising Langley up in three ways.



## PRAYER

**We know that prayer changes things.**

*'For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms.'* Ephesians 6:12. The prayer diary is a great place to start if you are unsure of what to pray about. Langley also has a dedicated day of prayer on 15th June, see page 11.



## PEOPLE

**We are looking for people who would like to work or volunteer for us.**

Langley is a great organisation to work for. We are a 2023 EMEA Inspiring Workplaces Awards finalist. Holder of a Gold Investors in People Award (this means we love our staff a lot). 2022 Charity Times Awards Finalist. We are dedicated to developing and supporting our staff. For our current vacancies please visit [langleyhousetrust.elementsuite.net/vacancies](https://langleyhousetrust.elementsuite.net/vacancies) or scan the code on the opposite page.

Langley also has tens of volunteers who support our Services. From Chaplaincy to gardening to running skills workshops to decorating. If you feel that you would like to share something with Langley, please let us know. You can drop our Volunteer Manager, Rich Farrell, an email at [r.farrell@langleyhousetrust.org](mailto:r.farrell@langleyhousetrust.org) or our

Chaplaincy Manager, Paula Smithson, an email at [p.smithson@langleyhousetrust.org](mailto:p.smithson@langleyhousetrust.org)



## SUPPORT

**We are so grateful for those individuals who give financial support to Langley.**

**Every penny that you give goes directly to support our clients. There are different ways that you can give...**

- Monthly by Direct Debit.
- Through a Legacy Gift.
- Through an Appeal held during the year.
- By running a sponsored event.

Langley is supporting several people through special 65th Anniversary Fundraising Events this year. Our Senior ICT Office, Darren James, will start his 'Triathlon with a Twist' at the end of May. And two of the Directors will be cycling 65 miles between two of our properties. Fundraising is a great way to raise funds for our clients, raise the profile of Langley so more people know about the work that we do, and have fun (hopefully with a group of friends).

If it sounds like something you would like to do, but you aren't sure what to do, we have written a couple of ideas here Celebrating 65 Years ([langleyhousetrust.org](https://langleyhousetrust.org)) As always, we would love to support you on your journey so please drop us an email at [fundraising@langleyhousetrust.org](mailto:fundraising@langleyhousetrust.org)

Langley House Trust is an innovative Christian charity that provides specialist housing, programmes and support services in the community, and targeted advice in prisons for offenders seeking to live crime-free. Since 1958 we have earned an enviable reputation for reducing reoffending with proven results.

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# THANK YOU!

As ever we'd like to take time to say a big **THANK YOU** to all of you have donated to us over the last few months, prayed for us, or shared our work.

We simply could not provide the care and support to individuals that we do without your support.

Thank you also to those of you who have continued to support with what we call 'general donations' which go towards any services or initiatives within Langley where they are most needed – whether it be crucial maintenance work, helping launch new workshops for clients, furniture for our care homes, or even training for our staff. Your support is so gratefully received.

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**LANGLEY**  
HOUSE TRUST  
HELPING PEOPLE TO LIVE CRIME-FREE LIVES

**LANGLEY HOUSE TRUST**

Helping People to Live Crime-Free Lives

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